Volume thématique / Thematic Issue
Coordonné par / coordinated by M. TENGBERG et C. DOUCHÉ
Exploitation et utilisation des ressources végétales en Asie du Sud-Ouest préhistorique
Exploitation and use of plant resources in Prehistoric Southwest Asia
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Dossier thématique / Thematic issue
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Exploitation and use of plant resources in Prehistoric Southwest Asia

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THE ARCHAEOLOGY AND PALEOENVIRONMENT OF THE SUBMERGED POTTERY NEOLITHIC SETTLEMENT OF KFAR SAMIR (ISRAEL)


Abstract. This article focuses on a recently excavated stone and wood-built water well (Well no. 13) from the submerged Pottery Neolithic site (Wadi Rabah culture) of Kfar Samir on the Carmel coast, Israel. This feature is considered within the context of previous research on the site and other submerged sites in the same area, incorporating new data on botanical remains and radiometric dates from Kfar Samir. Taken together, the new and previous investigations of the site shed light on the lifestyle of Pottery Neolithic coastal populations in the Southern Levant, especially those relating to management of water resources, olive oil production and the evolution of Mediterranean food ways. This research further informs us on the palaeoenvironment of the Carmel coast and sea level changes.

Résumé. Le présent article porte sur un puits construit en pierre et en bois (puits n° 13) récemment fouillé sur le site subaquatique du Néolithique céramique (culture de Wadi Rabah) de Kfar Samir situé près de la côte du Carmel en Israël. Cette structure est considérée dans le contexte des recherches précédemment réalisées sur le site tout comme sur d'autres sites submergés dans la même région, tout en intégrant de nouvelles données sur les restes archéobotaniques et les datations radiométriques obtenues à Kfar Samir. Dans l’ensemble, les nouvelles et les précédentes enquêtes menées sur le site apportent un éclairage sur le mode de vie des populations côtières du Néolithique céramique dans le Levant Sud, en particulier en ce qui concerne la gestion des ressources aquatiques, la production d’huile d’olive et l’évolution du régime alimentaire méditerranéen. Ces recherches nous renseignent également sur le paléo-environnement de la côte du Carmel et les changements du niveau de la mer.

Keywords. sea-level rise, Wadi Rabah culture, water wells, olive oil production, underwater archaeology
Mots-clés. élévation du niveau de la mer, culture Wadi Rabah, puits, production d’huile d’olive, archéologie subaquatique

Underwater archaeologists have long recognised the intrinsic potential of submerged prehistoric sites and their remains (e.g., Bailey and Flemming 2008; Gusick and Faught 2011; Flemming 2014; Evans et al. 2014; Galili 2016 and references therein; Benjamin et al. 2017). Along the Mediterranean coast of Israel, the first discoveries of such sites took place during the 1960s (Ronen 1965; Wreschner 1977; Raban 1983). Since the 1980s eleven Neolithic sites that were inundated by the post-glacial sea-level rise have been found on the seabed off the Carmel coast (fig. 1B). Their exposure is caused by changes in the patterns of seabed sedimentation and erosion rates in recent centuries due to modern human activity and natural processes, most notably winter storms. These factors have resulted in the removal of mobile sediments (mainly sands), thereby exposing the underlying, in situ and relatively compact, palaeosol deposits containing the prehistoric remains (Galili and Weinstein-Evron 1985).

Researchers have developed multi-disciplinary methods for identifying, excavating and documenting these sites (Galili et al. 1993, 2015; Galili and Rosen 2011a, 2011b). Ongoing studies have shown that the deeper and more westerly a submerged site is located, the older it is. Thus, the oldest site, Atlit-Yam dating to the Pre-Pottery Neolithic C period (PPNC), ca. 9200-8500 cal. BP, lies 200-400 m offshore at 8-12 m
below present sea level. Ten more recent late Pottery Neolithic (PN) sites, ca. 8000-6500 years cal. BP, lie in shallower water, at depths of 0-6 m, and only 1-200 m offshore (Galili et al. 1988; Galili and Shick 1990; Galili and Sharvit 1994-1995; Galili et al. 2007, 2017a, 2017b).

Inspired by a renewed interest in continental shelf archaeology (e.g., Bailey and Flemming 2008; Benjamin et al. 2011), and international cooperation with the SPLASHCOS network (Bailey et al. 2012), a short program to train early career researchers on practical aspects in submerged prehistoric archaeology was held in Israel in 2011. This was followed by the 2014 excavation at Kfar Samir, funded by the Honor Frost foundation (Galili 2013; Galili et al. 2017a, 2017b).

This article presents new archaeological, archaeobotanical and radiometric data resulting from the 2014 field campaign and summarises the previous finds from this site. The findings are discussed within the context of their overall contribution to our understanding of the lifestyle of Late Neolithic populations on the Levantine coast, with special reference to the development of water wells, the emergence of olive-oil production in the region and the emergence of the Mediterranean diet. Implications for the palæoenvironment of the region, especially changes in sea-level, are also discussed.

THE KFAR SAMIR SITE

The PN site of Kfar Samir is located in the area between the modern shore and some 200 m seaward, at depths ranging from the current shore down to 6 m below present sea level (fig. 1C; Galili et al. 1989; Galili and Schick 1990; Galili and Sharvit 1994-1995; Galili et al. 2007). In its hinterland lies Mount Carmel, noted for its Middle and Late Pleistocene cave sites as well as open air Holocene (Neolithic and Chalcolithic) settlements (Olami 1984; Weinstein-Evron 2015). The prehistoric remains of Kfar Samir are scattered along a 1200 m strip on the seabed, parallel to the coastline. Previous investigations at the site revealed sections of paved stone surfaces and installations dug into the clay, including water wells, but no stone-built dwellings. Typical PN flint artefacts have been recovered (axes, burins, chopping tools and other flake tools), as well as several reused and patinated Middle Palaeolithic implements in secondary contexts. Large (up to 80 cm) stone artefacts include oval and round basins made of Kurkar (a local calcareous cemented sand stone of aeolian origin), and several basalt chalices, all characteristic of the PN, as described by A. Gopher and R. Gophna (1993). Faunal remains are scarce and comprise seven bones of mallard duck (Anas platyrnchos) and an unidentified mammalian bone fragment (Galili and Weinstein-Evron 1985: 40; Horwitz et al. 2002). Unique features of the site are the preserved wooden and woven objects, as well as non-charred macro-botanical remains, items that are generally absent in terrestrial Neolithic sites in the region.

Given the large extent of Kfar Samir, it was divided into three sub-areas to manage the site and its excavations: northern, central and southern (fig. 1C), although the finds recovered from the different areas resemble each other.

The central sector: his part of the site (ca. 400 m long and 200 m wide), was the focus of the 2014 field season. It lies at 34° 57' 8.65'' E, 32° 47' 6.72'' N (fig. 1C), 0-200 m from the water line and at a depth of 0-5.9 m. Previously documented architectural remains include floors paved with unworked local stones (8-10 cm in diameter) that were partially embedded.
in the clay seabed, floors constructed of flat stone slabs, hearths (ca. 0.5 m in diameter), pits dug into the clayey seabed and three stone and wood-built water wells (fig. 1C: a). One pit was paved with stones at its bottom and contained thousands of crushed olive stones and traces of pulp, interpreted as olive oil extraction waste (fig. 1C: b; Galili et al. 1997). A second pit (diameter 0.9 m, depth 0.55 m) was exposed at a depth of 2.3 m and contained braided pieces of thin branches (diameters 3-5 mm) from a basket (fig. 2). It may have served as a container for pressing olives for their oil (locally termed aqal). At a depth of 1.5 m, in an unlined pit dug into the upper clay level, a fragment of a mat, 70 × 160 mm in dimension, was found and was dated by ¹⁴C to 7568-7027 cal. BP (RT 855, table 1). It was made of bundles of unidentified material, perhaps rushes or straw. From a technological point of view, it was assigned to the “coiled basketry with intricate stitch” type (Galili and Schick 1990). At a depth of 0.5 m and 15 m from the shoreline, a fragment of a wooden bowl with a vertically placed, elongated and pierced handle was found on a stone paving (Galili et al. 2007).

The southern sector is located at 34° 57’ 8.6” E, 32° 47’ 6.72” N (fig. 1C). In the central part of this sector, a large (1.5 × 2 m) and dense concentration of olive pits and pulp was exposed. A notable find was a complete, wooden bowl discovered in a pit ca. 300 m south of Kfar Samir central sector (fig. 1C: c). It is made of Ceratonia siliqua (carob tree or St John’s bread) and dated to 8115-7949 cal. BP (RT 1360, table 1; Galili and Schick 1990). Fragmented straw, perhaps remains of a mat or a basket and a two-pointed fork made of wood (0.6 m long) were found next to it.

The northern sector is located at 34° 57’ 17.99” E, 32° 47’ 35.59” N (fig. 1C). Four upright stone slabs (1.3 × 0.9 × 0.5 m) and some tilted ones were found at a depth of 1.5-2.5 m, some 30-60 m offshore. The lower part of the slabs was partly inserted into the clayey bottom. They do not appear to represent the walls of a dwelling, but may have served as ritual features or a marker for burials or other locations of importance.

WATER WELLS AND THE NEWLY EXCAVATED WELL NO. 13

In the central sector of Kfar Samir three water wells, constructed of alternating layers of wooden branches and stones, were previously investigated (Galili and Weinstein-Evron 1985; Galili et al. 1997). The installations were arranged in a line parallel to the coastline, some 180 m offshore at a depth of 5.9 m below present sea level. The distances between them are ca. 20 m. Excavation of the southern well (no. 3) begun during the 1980s but only to a depth of 2 m, and the bottom was not reached. It had a rectangular opening (1 × 0.8 m), which widens with depth to become more circular in plan. In its upper section (from the sea...
bottom to a depth of 1 m) it is constructed of alternating layers of wooden branches and stone pebbles. In its lower section (from 1 m below the sea bottom to 2 m), a single layer of stones was laid between two layers of wooden branches. The well fill consisted of soft clay, small stones, few pot sherds (one with an incised design), flint flakes, bird bones (noted above), olive pits and probable straw remains.

Well no. 13, the central of the three above-mentioned wells (fig. 1C: a), was excavated in October 2014 by the University of Haifa and the Flinders University, as part of an international collaboration. A total of 68 dives were carried out at the site involving 25 participants. The well is located at a depth of 5.9 m below present sea level. It had been exposed and identified during previous winter storms, however by the time of the 2014 excavation, approximately two meters of sand had settled on top of the in-situ deposits. This required the removal of approximately 50 cubic meters of sand to expose the top of the well. The 1.5 × 1.5 m surface of the exposed well was recorded (fig. 3A) using drawing and photography for photogrammetry, allowing the creation of three-dimensional model and plan of the feature (fig. 3B, and see McCarthy and Benjamin 2014).

Excavation revealed that the rectangular structure was constructed of alternating layers of branches and stones, similarly to the previously excavated Well no. 3. The uppermost rectangular well frame was built of wooden branches (5-15 cm in diameter) and lying stones. The exposed north-eastern section of the well fill (0.5 × 0.5 × 0.1 m) was excavated manually and the excavated deposit (25 litres) was removed for sieving. The material contained soft clay, lying stones (3-8 cm) and broken wooden branches. These were probably the remains of the top of the well and upper lining, that had collapsed. Core samples were taken from the undisturbed fill inside the well and from the compacted deposits outside the structure, for palynological and other sedimentological analyses (fig. 4).

Table 1 – 14C datings from Kfar Samir site. RT: Weizmann Institute, Israel (Segal and Carmi 1996; E. Boaretto pers. com. unpublished report 2005); PITT: Pittsburgh, USA; PTA: Pretoria (South Africa), Beta: Beta Analytic Inc. (Miami, Florida). Calibration according to OxCal v 4.3.2 (Stuiver and Reimer 1993; Ramsey 2009 and 2017; Reimer et al. 2013). Provenance refers to the sector of the site shown on the site plan and the archaeological feature number.

<table>
<thead>
<tr>
<th>Lab Reference</th>
<th>14C Age BP</th>
<th>Calibrated Age 2σ Range (95.4%) cal. BP</th>
<th>Material</th>
<th>Provenance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beta 82851</td>
<td>5860±140</td>
<td>7146-6323</td>
<td>Wood</td>
<td>Central, Well 13</td>
</tr>
<tr>
<td>RT 682B</td>
<td>6470±130</td>
<td>7613-7030</td>
<td>Wood</td>
<td>Central, Well 5</td>
</tr>
<tr>
<td>RT 682A</td>
<td>6670±160</td>
<td>7786-7320</td>
<td>Wood</td>
<td>Central, Well 3</td>
</tr>
<tr>
<td>PTA 3820</td>
<td>6830±80</td>
<td>7844-7520</td>
<td>Wood</td>
<td>Central, Well 5</td>
</tr>
<tr>
<td>PTA 3821</td>
<td>6830±160</td>
<td>7964-7431</td>
<td>Wood</td>
<td>Central, Well 3</td>
</tr>
<tr>
<td>Beta 82850</td>
<td>6940±60</td>
<td>7930-7667</td>
<td>Wood</td>
<td>Central, Pit 10</td>
</tr>
<tr>
<td>Beta 82845</td>
<td>6080±70</td>
<td>7162-6783</td>
<td>Olive pit</td>
<td>Central, 6</td>
</tr>
<tr>
<td>Beta 82846</td>
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<td>7424-6751</td>
<td>Olive pit</td>
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</tr>
<tr>
<td>Beta 82847</td>
<td>6210±80</td>
<td>7288-6897</td>
<td>Olive pit</td>
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</tr>
<tr>
<td>Beta 82848</td>
<td>6230±80</td>
<td>7310-6930</td>
<td>Olive pit</td>
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</tr>
<tr>
<td>Beta 82715</td>
<td>6500±70</td>
<td>7560-7273</td>
<td>Olive pit</td>
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</tr>
<tr>
<td>RT 1898</td>
<td>5790±55</td>
<td>6729-6466</td>
<td>Olive pit</td>
<td>Central, 6</td>
</tr>
<tr>
<td>RT 1930</td>
<td>5870±70</td>
<td>6877-6497</td>
<td>Olive pit</td>
<td>Central, 6</td>
</tr>
<tr>
<td>Beta 8243</td>
<td>6100±60</td>
<td>7162-6793</td>
<td>Olive pit</td>
<td>Central, 7</td>
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<tr>
<td>Beta 8244</td>
<td>6290±60</td>
<td>7413-7128</td>
<td>Olive pit</td>
<td>Central, 7</td>
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<tr>
<td>RT 1929A</td>
<td>5630±55</td>
<td>6531-6299</td>
<td>Olive pit</td>
<td>Central, 7</td>
</tr>
<tr>
<td>RT 1929</td>
<td>5870±70</td>
<td>6877-6497</td>
<td>Olive pit</td>
<td>Central, 7</td>
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<tr>
<td>Beta 82849</td>
<td>6350±90</td>
<td>7434-7019</td>
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</tr>
<tr>
<td>RT 855</td>
<td>6420±120</td>
<td>7568-7027</td>
<td>Mat fragment</td>
<td>Central, 8</td>
</tr>
<tr>
<td>RT 1360</td>
<td>7230±80</td>
<td>8275-7872</td>
<td>Wooden bowl</td>
<td>South</td>
</tr>
<tr>
<td>Beta 433765</td>
<td>6890±30</td>
<td>7791-7667</td>
<td>Wood</td>
<td>Central, Well 13</td>
</tr>
</tbody>
</table>
Fig. 3 – A. Divers drawing and measuring Well no. 13, central sector of Kfar Samir (photo: I. Grinberg); B. The excavated Well no. 13: right: plan and location of core samples and test excavation (E. Galili), left: general view, scale is 9 cm (photo: J. McCarthy).
RADIOCARBON DATING

Wood samples from Well no. 3 were previously $^{14}$C dated and the ages range from 8115 to 6317 cal. BP (RT 1360, 1929, table 1; Galili et al. 2017b). Following the 2014 excavation, an additional wood sample from Well no. 13, identified as evergreen oak (*Quercus calliprinos*), was dated using AMS radiocarbon dating at the BETA Analytic Laboratory (table 1, BETA-433765) and yielded an age of 7791-7667 years BP. These dates place the excavated well with certainty within the PN Wadi Rabah phase and establishes the Kfar Samir water wells as some of the oldest, wooden-built structures in the world.

BOTANICAL REMAINS

The fill of Well no. 13 contained large pieces of waterlogged wood (fig. 5), as well as micro-botanical remains retrieved by sieving the fill, using a 0.5 mm mesh. This yielded several types of botanical remains including small pieces of waterlogged wood, herbaceous remains (which were not previously recorded at the site), and a single olive pit (*Olea europaea*; fig. 6).

HAND-COLLECTED WOOD REMAINS

Four large (up to *ca.* 15 cm long and 5 cm thick) and 26 smaller pieces of wood were found in the well (fig. 5). Though the wood was preserved by the marine environment, its anatomical structures had deteriorated becoming soft and distorted because of water-logging. This made specific identification difficult, though much of this was overcome through careful analysis aided by a Scanning Electron Microscope (SEM; TM3030plus) in addition to a stereo-microscope (Carl Zeiss SteREO Discovery V20 microscope with magnifications of up to $\times$ 360 under oblique angled top-lighting). Identification was based on the three-dimensional structure of wood (transverse, radial and tangential sections) when the state of preservation was satisfactory. The anatomical structures of the wood (*e.g.*, the presence/absence of annual growth rings, abundance,
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Fig. 5 – Kfar Samir: The wood remains assemblage from Well no. 13 (photos: M. Cavanagh).

arrangement, and size of vessels, tracheids, rays and fibres), along with a number of other diagnostic characteristics, were noted and compared to local wood and charcoal reference collections held in the Steinhardt Museum of Natural History, Tel Aviv University. Regional wood anatomy atlases were also used (Fahn et al. 1986; Wheelet et al. 1989; Schweingruber 1990; Richter et al. 2004; Akkemik and Yaman 2012; Crivellaro and Schweingruber 2013).

All the identified species belong to the Mediterranean forest/maquis: five wood samples represent species of Quercus (four Q. calliprinos [evergreen oak] and one Quercus sp.), 17 of Styrax officinalis (officinal styrax), three of Arbutus andrachne (Greek strawberry tree), and one of Pinus halepensis (Aleppo pine). In the case of Styrax and Arbutus, which share very similar anatomical structures with other species within their genera, the species identifications are assumed on the basis of their natural disperse range, as they are the only respective members of their genera among the native Israeli flora (Zohary 1962). The remaining four samples could not be confidently identified to family or species. It is possible, if not likely, that multiple samples derive from the same tree or branch, having been broken either by the constructors of the
well themselves or through post-depositional processes that caused deterioration of larger segments. Therefore, as the number of samples studied is likely higher than that of the number of individual plants used in well construction, the presence of the recorded taxa is more significant than the number of samples per taxa. Details of the plants that were positively identified follow below.

**Quercus calliprinos** (fig. 7A): An evergreen tree or shrub growing in areas with a minimum of 300-350 mm annual rainfall to heights of 15 m with a trunk that can reach a diameter of 2 m, and an age of several centuries. Today it is a major constituent of the Mediterranean climate zone’s **Quercus calliprinos—Pistacia palaestina** associations that characterise the Upper Galilee, Mount Carmel and Judean Mountains (Zohary 1973). Wood remains of Q. calliprinos have also been recovered from other PPN and PN sites in Israel, including the submerged site of Atlit-Yam (Lipschitz 1986; 2007, Table 2.7) and terrestrial Neolithic sites such as Yiftahel (Lipschitz 2007, Table 2.4), Nahal Oren (Lipschitz 1986, Table 1) and Nahal Zehora, Neve Yaraq (Lipschitz 2012), Kabri (Lipschitz 2002), and Nahal Qanah Cave (Lipschitz 1996). Q. calliprinos was quite abundant in the anthracological assemblages (Lev-Yadun and Weinstein-Evron 1994; Caracuta et al. 2016) and the palynological spectra (Weinstein-Evron et al. 2007) from late Pleistocene (Natufian) el-Wad Cave, Mount Carmel. The occurrence of Q. calliprinos pollen type in an Early Holocene palynological spectra from the Carmel coast suggests that during the Neolithic it grew in the vicinity of Kfar Samir (Galili and Weinstein-Evron 1985; Galili et al. 1993; Kadosh et al. 2004).

**Styrax officinalis** (fig. 7B): A small deciduous tree or shrub growing to heights of 6 m. It is common in the Mediterranean forest/maquis and is a major component of the present-day **Quercus ithaburensis** (and/or Q. calliprinos)—**Styrax officinalis** association (Zohary 1973). The S. officinalis wood sample identified in this study is the earliest sample of wood of this species identified in an archaeological context in Israel, though fruits of S. officinalis have been identified at the Middle Pleistocene site of Gesher Benot Ya’aqov (Alperson-Afil et al. 2009: table S3) and seeds of this taxon have been identified at the submerged site of Atlit-Yam where it may have been used as a poison for fishing (Galili et al. 1993: 152; 2004: 24).

**Arbutus andrachne** (fig. 7C): An evergreen tree of the Mediterranean forest/maquis which is commonly found in the Galilee, Mount Carmel, Samaria, the Judea Mountains, the Shephelah and the Trans-Jordan (Zohary 1962). It grows to heights of 5-6 m on average and is noted for its red-brown bark and red fruits (Zohary 1973; Danin 1992). It is uncommon in archaeological contexts in Israel but has been identified in the Neolithic site of Nahal Bezet in the Galilee (Lipschitz 1993, 1997).

**Pinus halepensis** (fig. 7D): A coniferous softwood tree, rarely growing larger than 16 m in height in mountainous environments (Zohary 1973) and is the only naturally occurring pine species in the Southern Levant (Weinstein-Evron and Lev-Yadun 2000). The wood quality is poorer than many other pine species, though its timber is still valued in shipbuilding and construction projects (including roof beams and furniture) since it produces straight logs for construction purposes. According to Theophrastus (Enquiry into Plants, 5.7) and Pliny the Elder (The Natural History, 16.81), pine was used for underground water-pipes. The wood and bark also produce a resin that is used as a natural preservative and may be processed into pitch (e.g., Gale and Cutler 2000: 391-393). In a previous analysis from the Kfar Samir site, one wood sample was identified as P. halepensis (Lipschitz 1986). The two Kfar Samir samples are the earliest recorded evidence of P. halepensis wood in the region though its pollen is known from Late Pleistocene Natufian (Weinstein-Evron 1994; Weinstein-Evron et al. 2007) and other Pleistocene and Early Holocene localities on the Carmel coast (Galili and Weinstein-Evron 1985; Galili et al. 1993; Kadosh et al. 2004).

**Olea europaea** (fig. 6): The wild olive is an evergreen tree able to attain heights of up to 10 m and has always been a
Fig. 7 – Thin sections presenting the microscopic structures of the identified ligneous taxa: A. Quercus calliprinos; B. Styrax officinalis; C. Arbutus andrachne; D. Pinus halepensis (photos D. Langgut).

Quercus calliprinos could be identified by the solitary, diffuse porous vessels radially arranged (A1) and the uniseriate rays (A2).

Styrax officinalis is identifiable by its slightly semi-ring-porous vessels arranged in radial rows (B1), widely spaced and ubiquitous scalariform perforation plates (B2), and mostly 2-4 rows of square or upright ray cells flanking procumbent central cells (B3).

Arbutus andrachne is characterised by diffuse porous to weakly semi-ring-porous vessels arranged mostly in radial rows (C1), predominant simple perforation plates with the less common occurrence of scalariform or reticulate perforation plates generally in the smaller vessels (C2) and distinct spiral thickenings (C3). Note as well in (C3) the simple perforation plates, contra the scalariform/reticulate type seen in (C2).

Pinus halepensis is readily identified as a gymnosperm (softwood), one of the few such species growing in the region, due to the lack of vessel structures that are present in most angiosperms (hardwoods) and is further distinguished from among the other gymnosperms by the presence of resin canals seen throughout each growth ring (D1). It is distinguished from among the other species of Pinus by the 1-3(4) fairly large (up to 10 μm in diameter) pinoid cross-field pits present in each ray cell (D2). It should be noted that the bad preservation of the samples made both observation and imaging of the samples and their identifying features difficult.

The archaeology and paleoenvironment of the submerged Pottery Neolithic settlement of Kfar Samir (Israel)
component in the natural Levantine environment as reflected in Pleistocene pollen diagrams (Horowitz 1979; Weinstein-Evron 1983; Langgut et al. 2011). It is documented in pollen spectra from Late Pleistocene Natufian (Weinstein-Evron 1994; Weinstein-Evron et al. 2007) and Early Holocene (Galili and Weinstein-Evron 1985; Galili et al. 1993; Weinstein-Evron 1994; Weinstein-Evron et al. 2007) localities in Mount Carmel. A single complete olive pit was recovered in the material analysed from Well no. 13 (fig. 6).

**SIEVED HERBACEOUS MICRO-REMAINS**

The herbaceous remains were in a poor state of preservation (fig. 8). They were sieved with a 0.5 mm mesh and examined visually and with a ×40 binocular microscope. Most of the remains were identified as stems of grasses (family Poaceae), most similar to plants of the tribe Triticeae (wheat and barley) due to the thickness of the node and the base of the spike. Since a variety of sizes and nodal morphologies were observed in these stems, it probably indicates a wide diversity of grass species within the herbaceous assemblage. This may indicate that the plant materials were collected among wild plants and not in a homogeneous agricultural field (Hartman-Shenkman et al. 2015). In addition, despite the careful screening of the herbaceous plant materials, no reproductive organs (i.e., flowers, inflorescences or fruits) were found except for one base of a spike, broken irregularly. This suggests that the herbaceous plants were probably collected at the end of the dry season (September/October in the Mediterranean climate in the region), when all seeds had already been dispersed. The stems could have undergone physical breaks due to animal activities or post depositional processes.

**POLLEN ANALYSIS**

Three pollen samples were collected from Well no. 13 at depths of 0-7, 7-11 and 11-20 cm. Twenty grams of sediment were processed for each sample using standard palynological techniques (Faegri and Iversen 1989) and identified using the comparative reference collection of the Laboratory of Palynology at the Zinman Institute of Archaeology, University of Haifa, and relevant atlases and reports (e.g., Reille 1999). The composition of the pollen assemblages is presented in Table 2. Following common practice, the various pollen types are arranged in two groups—Arboreal Pollen (AP) and Non-Arboreal Pollen (NAP)—followed by the number of the total pollen counted and by the hydrophilous pollen count.

The main arboreal taxa represented are both evergreen (Quercus calliprinos type) and deciduous (Quercus ithaburensis type) oaks, pine (Pinus halepensis) mainly in the deepest sample, some olive (Olea europaea), and occasional pistachio (Pistacia) and Rosaceae (rose family). Amongst the Non-Arboreal Pollen (NAP), Poaceae (grasses), Chenopodiaceae (goosefoot family) and Apiaceae (parsley family; mainly of the Bunium type) are clearly dominant. Other common taxa include Asteraceae Asteroideae (Aster subfamily; mainly of the Inula type) and Dipsacaceae (teasel family), alongside Fabaceae (legume family), Liliaceae (lily family) and Lamiaceae (mints), and occasional Centaurea, Malvaceae and Boraginaceae. The scarce hydrophilous pollen is dominated by Cyperaceae (sedges), with occasional Sparganium (reeds), Myriophyllum, and Potamogeton (pondweed) in the uppermost sample only.

Similar to the anthracological picture, the arboreal taxa represent the typical Mediterranean vegetation found today in the Mount Carmel area. The relatively high pine values in the bottom sample may be a factor of the over-representation of pine pollen in the Israeli coastal spectra due to their long-distance transport from the east by seasonal, easterly winds (Weinstein 1979). Pines were always present within the natural vegetation of Mount Carmel, but probably not dominant (Weinstein-Evron and Lev-Yadun 2000). Given their typical over-representation in the pollen spectra, if the pines were more widespread, they would have been much more common in our samples as well.

Other AP levels are usually low, as expected from the coastal location of the retrieved samples and are clearly within the range of other spectra originating from submerged Neolithic sites off the Carmel coast (Galili and Weinstein-Evron 1985; Galili et al. 1993).

Grasses were found within the analysed botanical materials and are dominant in the pollen spectra. Cerealia pollen was not found. Cerealia pollen is typically under-represented in the pollen spectra (partly because many of them are self-pollinating; e.g., Zohary 2001). In our case, the lack of Cerealia pollen may also reflect the fact that no reproductive organs were found among the cereal macro remains at the site, indicating their possible collection season (see above).

The NAP group contains more taxa than the wood assemblage, many of them probably growing in the coastal environment near the site. Among them, Chenopodiaceae are indicative of a rather saline environment. Some of them (e.g., Atriplex or saltbush) are edible and may have been collected by the Neolithic inhabitants of the site. The apparent interplay
between Chenopodiaceae and Apiaceae is worth noting. Even though the precise Apiaceae species could not be determined, it was established before (Galili and Weinstein-Evron 1985) that Apiaceae thrive in relatively saline environments. Hence, both the Chenopodiaceae and Apiaceae can be taken to reliably represent the coastal environment of the site. Worth noting is that there are some edible coastal Apiaceae as well (e.g., *Crithmum maritimum*, that was found in the Ma’agan Mikhael ship, for example; Weinstein-Evron and Chaim 1999), but the *Crithmum* pollen type is different than the *Bunium* type found at the site. Based on comparisons with former palynological studies of fossil and recent water bodies (from saline through brackish to freshwater; Galili and Weinstein-Evron 1985), Apiaceae pollen (mainly *Bunium* type) become more abundant as salinity increases (Weinstein-Evron 1994).

The occasionally high values of insect-pollinated taxa (Fabaceae, Lamiaceae and Liliaceae) may indicate some human collection. While burrowing insects can be sometimes considered as a contributing factor, various case-studies suggest that pollen assemblages resulting from burrowing
insects, burrowing mole rats, as well as seasonal cracks in the soil tend to exhibit dominance of Asteraceae pollen (Bottema 1975; Weinstein-Evron 1983), which is not the case in Kfar Samir. The high proportion of Dipsacaceae, especially in the lowest sample, probably represents ruderal plants. Some of the Asteraceae pollen could also thrive in such human-induced environments (e.g., Weinstein-Evron 1994).

The constant appearance of Cyperaceae indicates that, despite the coastal environment, fresh-water biotopes were also present, indicating the presence of a nearby stream or high ground water levels, as also attested by the water wells. The presence of nearby streams may also be indicated by the occurrence of concentrations of pebbles embedded in the clay matrix of the site. These may represent the presently submerged channels of the small wadies draining the western slopes of Mount Carmel adjacent to the site (Nahal Siah and Nahal Ezov in the northern sector and Nahal Ahuza in the southern sector). Similar submerged river channels were reported off Kfar Samir and in the Atlit-Yam site (Galili et al. 2005).

**DISCUSSION**

The archaeological evidence from the 2014 field campaign, when added to the information from previous excavations at Kfar Samir and other contemporaneous submerged sites, has contributed further to our understanding of PN settlement lifestyle and environments on the Carmel coastal plain, especially, the nature of vegetation cover of the region and paleoenvironment, modes of subsistence and the early management of fresh-water resources by the local inhabitants.

**RECONSTRUCTION OF THE PN VEGETATION COVER**

The botanical evidence (wood, herbaceous plants and pollen) recovered from the Kfar Samir water wells, indicates that three ecological niches existed near the site: Mediterranean maquis/forest, saline soils and possibly fresh-water bodies. The vegetation was characterized by the same Mediterranean arboreal and herbaceous species that grow today along the coastal plain and on the nearby Mount Carmel. Three out of the four arboreal species identified within the wood assemblage (*Quercus calliprinos*, *Pinus halepensis* and *Arbutus andrachne*), as well as *Olea europaea* (olive), were also recognised in previous palynological studies from the Carmel coast, dated to the Neolithic period (Galili and Weinstein-Evron 1985; Galili et al. 1993; Kadosh et al. 2004). *Styrax officinalis*, although not identified among previous regional palynological or anthracological assemblages, was already known to the Neolithic inhabitants of the Carmel coast at Atlit-Yam (Galili et al. 1993: 152; Galili et al. 2004: 24). The proximity to trees would have facilitated the collection of wood for construction purposes, as evident in the water wells.

| Table 2 – The pollen spectra (M. Weinstein-Evron and S. Chaim). |
|---------------------|---------------------|---------------------|
| **POLLEN TYPE**    | **DEPTH (cm)**          |                    |
| | 0-7 | 7-11 | 11-20 |
| AP (%)             |                    |                    |
| *Quercus callip.* type | 2.3 | 0.8 | 1.8 |
| *Quercus ithab.* type | 2.3 | 1.2 | 1.0 |
| *Pistacia sp.*       | 0.5                |                    |
| *Pinus halepensis*   | 1.4 | 0.8 | 12.5 |
| *Olea europaea*      | 0.9 | 1.8 | 1.8 |
| Rosaceae            | 0.5                |                    |
| **Total AP (%)**    | 7.9 | 2.9 | 16.1 |
| NAP (%)             |                    |                    |
| Poaceae             | 14.4 | 4.1 | 28.6 |
| *Artemisia*         | 2.3                | 0.4                |
| Chenopodiaceae      | 40.5 | 8.7 | 16.1 |
| Apiaceae            | 8.8 | 64.0 | 8.9 |
| Asteraceae Asteroidae | 1.9 | 5.8 | 3.6 |
| *Inula type*        | 4.2 | 3.3 | 3.6 |
| *Centarea*          | 0.4                |                    |
| Fabaceae            | 0.5 | 5.0 | 5.4 |
| Liliaceae           | 6.5                | 1.8                |
| Lamiaceae           | 3.7 | 1.8 | 1.8 |
| Dipsacaceae         | 8.8 | 5.4 | 12.5 |
| Malvaceae           | 1.8                |                    |
| Boraginaceae        | 0.5                |                    |
| **Total pollen counted (no.)** | 215 | 242 | 56 |
| **Hydrophilous (%)**|                    |                    |
| *Cyperaceae*        | 13 | 12 | 8 |
| *Sparganium*        | 1                   |                    |
| *Myriophillum*      | 1                   |                    |
| *Potamogeton*       | 3                   |                    |
| **Total Hydrophilous (no.)** | 18 | 12 | 8 |
| *Lycopodium*        | 40 | 21 | 10 |

Paléorient, vol. 44.2, p. 113-132 © CNRS ÉDITIONS 2018
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The carob wooden bowl found in the southern section of the site is worthy of further discussion. Together with *Pistacia lentiscus, Ceratonia siliqua* is indeed common in the lower vegetation belt of Mount Carmel (up to ca. 300 m; Zohary 1962). Its pollen is very rarely found in fossil pollen samples (Weinstein 1981; Weinstein-Evron 1994), so nothing much can be gathered from its absence at Kfar Samir. The carob wooden bowl is the only indication of its occurrence. As no major climatic change can be gathered from the available archaeobotanical data, and the local environments during the PN seems not to have differed much from those of today, it is reasonable to assume that the wood was gathered from a nearby *Ceratonia siliqua – Pistacia lentiscus* association.

**EARLY EXTRACTION OF OLIVE OIL**

Olive oil is a major component of traditional Mediterranean subsistence and diet (e.g., Zohary et al. 2012: 116). The olive fruit is rich in oil, containing up to 20% oil and sometimes more (Patumi et al. 2002). The Kfar Samir site provides valuable information on the beginning of olive oil exploitation. Evidence for extraction of olive oil was found in previous excavations at Kfar Samir (Galili et al. 1997). These included evidence for several stages of production: (1) crushing basins made of stone; (2) a pit filled with waste of olive oil extraction (crushed olive pits and pulp, representing olive oil cake); and (3) containers made of twigs. Possibly the olive oil waste can represent a further step when the container was emptied after pressing. To date, this is considered the oldest known evidence for olive oil extraction, while organic residue in pottery vessels from the Wadi Rabah phase at Ein Zippori (Galilee) is considered the oldest evidence for storing olive fruit or oil in a ceramic container (Namdar et al. 2015). In a fully agricultural community such as the Kfar Samir, waste from olive oil extraction may have been used to feed livestock or as a substitute for fire wood (Galili et al. 1997). M. Hadjipanayiotou (1999) noted that olive oil cakes are used for feeding livestock such as cattle, goats, pigs and rabbits. In the older PPNC site of Atlit-Yam, on the other hand, even though the presence of olive trees is evident (in the form of charcoal and pollen grains), no olive stones were recovered. These data strongly suggest that olive oil was first extracted and became a component of the Mediterranean diet during the Wadi Rabah phase of the PN (Galili et al. 1989; Galili and Sharvit 1994-1995).

It is not yet clear whether the olives used for oil extraction in Kfar Samir were derived from domesticated or wild trees (Galili et al. 1997). Attempts were made to distinguish the endocarp (fruit stones) of domesticated and wild olives by using statistics of pit characteristics (Kislev 1995; Terral et al. 2004). Kislev suggested that the morphological heterogeneity of the stones from Kfar Samir was too great to attribute them to domesticated forms and suggested that olive oil extraction pre-dated the domestication process (Kislev 1995). Terral et al. 2004, using different morphological characteristics, have proposed that wild olive stones may be distinguished from cultivated forms by shape, but not by size. DNA study of the olive stones from Kfar Samir (Elbaum et al. 2006) provided short sequences but no conclusive evidence regarding domestication. Further studies of the olive stones from Kfar Samir using morphometric and molecular markers, both nuclear and cytoplasmic (e.g., Breton et al. 2009) may clarify whether they were picked from domesticated or wild (oleaster) trees. Archaeobotanical data from the site of Teleilat el-Ghassul, Jordan (Meadows 2001; Lovell 2002) together with analysis of Southern Levantine palynological diagrams, may provide indirect evidence of a Middle Chalcolithic date for the domestication of the olive, based on a dramatic rise in *Olea europaea* pollen (Zohary et al. 2012: 119-120; Langgut et al. 2016 and references therein). However, palynologically, wild and domesticated olive pollen grains are indistinguishable (Baruch 1986; Langgut et al. 2014).

**TRADITIONAL MEDITERRANEAN ECONOMY**

Coastal environments are highly productive (Phillipson 1966: 46, fig 5-2). They provide diverse ecological niches (fig. 9) and enable the exploitation of both terrestrial and marine resources (e.g., Bailey and Parkington 1988). In their quest for a productive and resource-rich environment, Neolithic populations in the Southern Levant settled on the Mediterranean coast, primarily from the PPNC onwards (Gopher 1993; Galili et al. 2002, 2004; Garfinkel and Dag 2001). The combination of terrestrial, saline and fresh-water coastal environments, as well as Mediterranean forest—as indicated by the faunal and botanical finds from the submerged PN sites, demonstrates the diversity of habitats that were available (Galili and Weinstein-Evron 1985; Horwitz et al. 2002, 2006; Kislev et al. 2004; Hartman-Shenkman et al. 2015). Inhabitants of the PPNC and the PN coastal Neolithic villages pursued mixed modes of subsistence, comprising fishing-farming-hunting and animal husbandry which together constituted the earliest form of the traditional Mediterranean diet.
SEASONALITY OF OCCUPATION

It has been proposed (Galili et al. 2002) that subsistence activities in the permanent PPNC settlement of Atlit-Yam were staggered and seasonal, with fishing mainly in the spring and autumn, peak animal husbandry between April and June, and cultivation activities focused in the winter and summer months.

Data from PN Kfar Samir suggest that a seasonal mode of exploitation may have also been practiced at this site. A study of oil content and fruit size indicates that olives in Israel can be harvested for oil from October to January (Dag et al. 2011). However, traditional local harvesting of olives today is usually done after the first significant rain, during October-November. Given the evidence for olive oil extraction at the site, it is reasonable to assume that oil extraction took place during the autumn-early winter, when olives mature. This is supported by the absence of remains of reproductive organs (i.e., stems and carpels) within the herbaceous assemblage, which implies that they were probably collected during autumn (see above). The mallard duck, whose remains were identified in Well no. 3, is a migratory waterbird, traditionally wintering in Israel (Griffin 1964; Paz 1987). Thus, its presence supports the suggestion that the site occupation took place in late autumn-winter, though the data do not negate a year-round or summer use of the site. The absence of stone-built dwellings in Kfar Samir site, as opposed to PPNC Atlit-Yam or other submerged PN sites in the region, such as Neve Yam and Tel Hreiz, also raises the possibility that site occupation at Kfar Samir was seasonal (Galili et al. 2017b). However, the presence of several water wells, installations requiring an investment to build, may point to the possibility that a more permanent related settlement was located somewhere inland. According to the radiometric dates, habitation in both sites (Atlit-Yam a permanent occupation and Kfar Samir perhaps a seasonal occupation), lasted only a few hundred years (table 1).

MANAGEMENT OF FRESH-WATER RESOURCES

A sustainable, independent fresh-water supply is a pre-condition for a permanent settlement. Supplying drinking water is usually a limiting factor in the Southern Levantine coast, where the streams are mostly dry in the summer. In an area rich in economic resources, but lacking fresh drinking
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water, excavating wells is a solution. It can be highly rewarding as it creates an artificial, permanent source of water that facilitates the occupation of new territories, and significantly increases the viability and carrying capacity of a region. The appearance of water wells in the Southern Levantine coast may be associated with attempts by Late Pre-Pottery Neolithic communities to occupy new areas and habitats, possibly to cope with shrinking resources and a growing demand for agricultural land (Rollefson and Köhler-Rollefson 1989; Rollefson et al. 1992; Galili et al. 2002). The Israeli coastal plain overlies a high aquifer that is exploitable all year round using the proper technology, such that the construction of water wells, enabling the occupation of this previously uninhabited area. The earliest example of a water well in this location was found at PPNC Atlit-Yam (Galili and Nir 1993; Galili and Rosen 2011a). The presence of these early wells shows that the Neolithic settlers of the Carmel coast had, early on developed the ability to access and control underground fresh-water and create an artificial, long lasting source of water. The technology used to build the Kfar Samir wells is unique due to the integration of wood and stones (fig. 3), demonstrating the sophistication of this structure. The earliest known wells (from Cyprus) were simple shafts cut into the local sediments (e.g., Peltenburg et al. 2001), while in the Southern Levant, later wells comprise shafts walled by stones (Galili and Nir 1993; Garfinkel et al. 2006, 2007; Galili and Rosen 2011a and references therein). Today the coastal aquifer provides seasonal fresh-water springs that are visible on the coastline and on the sea bottom in the northern Carmel coast.

SEA-LEVEL RISE

A global sea-level rise of ca. 17 cm during the 20th century resulted in coastal erosion, the flooding of beaches and the destruction of coastal facilities and ancient coastal cities worldwide (Church and White 2011; Fagan 2013). It is expected that sea level will continue to rise during the 21st century (e.g., Vermeer and Rahmstorf 2009) and a rise of one meter or more in the coming years will have a significant influence on coastal populations, low-lying countries, marshlands and coastal defences around the globe (Van de Noort 2013: 70; Rohling et al. 2013; Dutton et al. 2015; DeConto and Pollard 2016). The submerged Neolithic settlements off the Carmel coast facilitate a reconstruction of Holocene sea-level changes in the region (fig. 10) and demonstrate the inevitable evacuation of Neolithic coastal settlements due to post-glacial sea-level rise (Galili et al. 1988; Galili et al. 2017a, 2017b). Notably, coastal water wells provide valuable information on sea-level changes, as sea-level rise results in ground-water table rise and water well salinization. The bottom of Well no. 11 in Atlit-Yam is about 15.5 m below present sea level; this would have been the fresh-water table at the time. Hence sea-level was about 16 m below the present level during the initial use of the well. As attested by the Kfar Samir wells, during the subsequent PN period, sea-level was ca. 8-9 m below present sea level. Indeed, all the submerged PN sites are located 0-200 m offshore at depths of 0 m to 6 m. Atlit-Yam PPNC site is located 200 m to 400 m off the present shoreline at a depth of 8 to 12 m. Thus, between 9200 and 7500 BP sea-level rose some 8 m (from -16 m to -8 m), at a mean annual rate of ca. 5 mm/year. From 7500 to 4000 BP, sea-level rose an additional 8 m (from -8 m to the present level), at a mean annual rate of ca. 2.3 mm/year. Since ca. 4000 BP, sea-level has been relatively stable, with possible minor changes of less than the local tidal range (± 0.30 m; fig. 10). Thus, there is a direct correlation between the sea-level rise and the abandonment of coastal settlements and their translocation eastward (Galili et al. 1988, 2005).
CONCLUSIONS

The finds from the new excavations at Kfar Samir show that during the Early Holocene the region was characterised by Mediterranean vegetation cover, with saline and freshwater bodies probably present along the Carmel coast (Galili et al. 2005).

The study also sheds light on the management of freshwater resources through the digging and use of water wells, and the introduction of olive oil, an essential component of traditional Mediterranean subsistence and diet.

The botanical and faunal remains suggest that the activities at the site took place mainly at the end of the dry season, when olives were harvested and processed. Given the above, and the lack of stone-built dwellings, it is suggested that the settlement may have been seasonal in nature, perhaps specializing in olive oil extraction. Still, the presence of several water wells may indicate the presence of a more permanent settlement in the hinterland.

As R. Van de Noort has written on the subject of resilience and reactive adaptations of past societies who lacked the climate prediction methods available today: “It is about finding examples of adaptation to the consequences of environmental and climate changes in the past that, in a small way, can help build the socio-ecological resilience of communities in the present and future” (Van de Noort 2013: 41). The submerged settlements off the Carmel coast may contribute to this issue, as their inhabitants experienced sea-level rise and inundation leading to settlement abandonment. Such a scenario may be relevant for some coastal communities today.

ACKNOWLEDGEMENTS

The authors wish to thank the University of Haifa and the Israel Antiquities Authority for their support; the underwater excavation (IAA permit G-6/2014) and research at the Kfar Samir site were supported by the Honor Frost Foundation and the identification of the wood and herbaceous plant assemblage was supported by an Israel Science Foundation grant no. 2141/15, given to Dafna Langgut. The authors are indebted to Amir Yurman and Moshiko Bachar, the Maritime Workshop, Leon Recanati Institute for Maritime Studies, University of Haifa; Danny Moskovitz and Adnan Shehade for their valuable assistance; Howard Rosenberg and Fantasea for their support in photography equipment; Itamar Grinberg for underwater photography; Barbara Doron for the English editing of an earlier version of this paper; and the three anonymous reviewers for their useful suggestions that helped improve this article.
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